Wetsuit biosecurity check for swim events at Lake Taupö



Stop the clam and other invasive species spreading.
Use this Check Clean Dry guide before entering Lake Taupō for training and competing.

My wetsuit, booties and goggles were last used in:	Do I need to Check Clean Dry?	Follow the instructions below
Another lake or river or an estuary that contains freshwater less than 30 days ago	YES	Hose down with tapwater (not into a stormwater drain) Soak in 50-55°C hot water for 5 minutes OR freeze overnight Dry to touch, inside and out, then leave for 2 days. Note—If you just washed your wetsuit in cold water or in a shower, you still have to do the above.
Another lake or river or an estuary that contains freshwater more than 30 days ago	NO — good to go	You are fine for today—enjoy your swim. Check Clean Dry whenever you move between lakes, rivers or estuaries. To find out more visit the website below.
Lake Taupō, a chlorine pool or the sea	NO — good to go	You are fine for today—enjoy your swim. Check Clean Dry whenever you move between lakes, rivers or estuaries. To find out more visit the website below.
It's borrowed gear	MAYBE — check	Check with the owner and then use the boxes above

Protect NZ lakes and rivers from invasive species



Visit: www.biosecurity.govt.nz/freshwaterclams

